

AUGUST 2019

This institution is an equal opportunity provider

St. James Parish Public Schools

	Monday	Tuesday	Wednesday	Thursday	Friday	
				Cafeteria Deliveries Select Employees	All School Personnel	
	All School Personnel	Muffin Fruit Choice Juice Milk Choice	Biscuit / Turkey Sausage Fruit Choice / Juice Milk Choice	Cereal Graham Crackers Fruit Choice / Juice Milk Choice	Scrambled Eggs / Grits Fruit Choice / Juice Milk Choice	
	Pancake on Stick / Syrup Fruit Choice / Juice Milk Choice	Cereal Graham Crackers Fruit Choice / Juice Milk Choice	Biscuit /Chicken Patty Fruit Choice / Juice Milk Choice	Cinnamon Rolls Juice Fruit Choice Milk Choice	Pancakes, Mini Color Sprinkled Syrup Juice Fruit Choice Milk Choice	
	French Toast Sticks Syrup Fruit Choice / Juice Milk Choice	Cereal Graham Crackers Fruit Choice / Juice Milk Choice	Scrambled Eggs / Grits Fruit Choice / Juice Milk Choice	Belgium Waffles Syrup Juice / Fruit Choice Milk Choice	Pop Tarts or Breakfast Bar Juice Fruit Choice Milk Choice	
7	Muffin Fruit Choice Juice Milk Choice	Biscuit / Turkey Sausage Fruit Choice / Juice Milk Choice	Cereal Graham Crackers Fruit Choice / Juice Milk Choice	Pancake & Sausage Sandwich Syrup Fruit Choice / Juice Milk	Scrambled Eggs / Toast Fruit Choice/ Juice Milk Choice	
	T		Menus are subject to change	PAY FOR MEALS ONLINE MySchoolBucks.com		



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Monday **Tuesday Thursday Friday** Wednesday **All School Personnel** Cafeteria Deliveries Select Employees 9 Red Beans w Sausage Pepperoni Pizza Chicken/Pork/ Turkey Stew Beef-a-Roni Steamed Rice Steamed Corn Steamed Rice Popeye Salad **Seasoned Greens** Dark Green Salad w Dressing Steamed Garlic Broccoli **Seasoned Green Beans All School Personnel** Coleslaw Chilled Red Grapes **Chilled Mixed Fruit Sweet Potatoes Chilled Pears** Fresh Apple Fresh Oranges **Chilled Peaches** Applesauce w/Cinnamon **Graham Crackers** WG Bread Stick Banana **Golden Cornbread** Milk Choice WG Roll / Milk Milk Choice Milk Choice **Beef Tacos** 15 Hot Dogs w/ Chili Chicken/ Pork/ Sausage Jambalaya? **Baked Chicken Chicken Tenders Shredded Cheese Cup Baked Beans White Beans** Seasoned Rice Macaroni & Cheese **Soft Tortilla or Hard Tacos** Dark Green Salad w Tomatoes **Sweet Potatoes** Seasoned Green Beans **Popeye Salad w Tomatoes Lettuce Tomato** Fresh Fruit Apples Chilled Melon Cup Carrot Sticks W Dip **Steamed Vegetables** Seasoned Corn / Salsa Chilled Mixed Fruit **Chilled Pears** WG Roll Fresh Fruit Apples Chilled Grapes/Strawberries **Choice of Baked Chips** WG Roll **Chilled Orange Chilled Fruit Choice** Milk Choice Milk Choice Cookie Milk Choice **Canned Or Dried Fruit** WG Roll Optional: Tortilla Chips/IW Cheese Cup Milk Choice Milk Choice White Beans /Ham Hamburger Mini Corn Dog Nuggets Cheese Ravioli w/Sauce Meatloaf w Gravy Steamed Rice Lettuce /Tomato / Pickle **Savory Onion Rings** Popeye Salad Loaded Mashed Potatoes **Potato Rounds** Carrot Sticks w/ Dip **Seasoned Greens** Seasoned Corn /WG Bread Sticks Steamed Broccoli **Baked Beans Mixed Fruit Creamy Coleslaw Sunset Sip** Marinara Sauce **Chilled Fruit Choice** Fresh Fruit Choice **Sliced Peaches** Chilled Fresh Apple Half **Chilled Melon Cup** Banana **Graham Crackers** Fresh Fruit Choice Fresh Pears /Cookie Applesauce / Milk Choice WG Roll Milk Choice Golden Cornbread Optional: Spaghetti w Meat Sauce Milk Choice Milk Choice **Optional: Corn Dogs** Milk Choice Chicken/Pork/ Turkey Stew 1999 Breaded Chicken Patty/Bun 21 Red Beans w Sausage Pepperoni Pizza. Popeye Salad **Seasoned Green Beans** Steamed Rice Steamed Corn **Steamed Rice** Lettuce /Tomato Cup **Seasoned Greens** Dark Green Salad w Dressing Steamed Garlic Broccoli **Chilled Mixed Fruit** French Fries Coleslaw Chilled Red Grapes **Sweet Potatoes Chilled Peaches** Carrot Sticks w/Dip **Chilled Pears** Fresh Apple **Fresh Oranges** WG Bread Stick **Chilled Melon** Applesauce **Graham Crackers** Banana Milk Choice Fruit Choice/ Milks Graham Crackers/ Choic **Golden Cornbread** Milk Choice WG Roll / Milk Milk Choice Option: Chicken Tenders w/Roll



SEPTEMBER 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
Holiday	\$200 Day	Cereal Graham Crackers Fruit Choice / Juice Milk Choice	Biscuit / Turkey Sausage Fruit Choice / Juice Milk Choice	Scrambled Eggs / Grits Fruit Choice / Juice Milk Choice
Pancake on Stick / Syrup Fruit Choice / Juice Milk Choice	Cereal Graham Crackers Fruit Choice / Juice Milk Choice	Biscuit /Chicken Patty Fruit Choice / Juice Milk Choice	Cinnamon Rolls Juice Fruit Choice Milk Choice	Mini Colored Pancakes Juice Fruit Choice Milk Choice
French Toast Sticks /Syrup Fruit Choice / Juice Milk Choice	Cereal Graham Fruit Choice / Juice Milk Choice	Scrambled Eggs / Grits Fruit Choice / Juice Milk	Belgium Waffles /Syrup Juice / Fruit Choice Milk Choice	Pop Tarts or Breakfast Bar Juice Fruit Choice Milk Choice
Muffin Fruit Choice Juice Milk Choice	Biscuit / Turkey Sausage Fruit Choice / Juice Milk Choice	Cereal Graham Crackers Fruit Choice / Juice Milk Choice	Pancake & Sausage Sandwich Syrup Fruit / Juice Milk	Scrambled Eggs / Toast Fruit Choice / Juice Milk Choice
Pancake on Stick / Syrup Fruit Choice / Juice Milk Choice				

SEPTEMBER 2019

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K – 12 Grade

Friday Tuesday Thursday Monday Wednesday **Chicken Tenders** Hot Dogs w/ Chili Chicken/ Pork/ Sausage Jambalaya Macaroni & Cheese **Baked Beans** White Beans Popeve Salad w Tomatoes **Dark Green Salad w Tomatoes Sweet Potatoes** Fresh Fruit Apples Chilled Melon Cup **Steamed Vegetables Holiday** \$200 Day **Chilled Mixed Fruit** Fresh Fruit Apples **Chilled Pears Chilled Fruit Choice Choice of Baked Chips** WG Roll WG Roll Milk Choice Milk Choice Milk Choice **Red Beans w Sausage Spaghetti Meat Sauce** Hamburger Meatloaf w Gravy Mini Corn Dog Nuggets 9 10 13 Lettuce /Tomato / Pickle **Steamed Rice Savory Onion Rings** Popeye Salad **Loaded Mashed Potatoes Seasoned Greens Seasoned Corn Potato Rounds** Carrot Sticks w/ Dip Steamed Broccoli Coleslaw WG Bread Sticks **Baked Beans Mixed Fruit** Sunset Sip **Chilled Fruit Choice Chilled Pears Marinara Sauce Chilled Fresh Apple Half** Fresh Fruit Choice Banana Applesauce w/Cinnamon Melon Cup/ Applesauce **Graham Crackers** Fresh Pears /Cookie WG Roll Milk Choice **Golden Cornbread** Milk Choice Milk Choice Milk Choice Milk Choice Optional: Cheese Ravioli **Optional: Corn Dogs** Chicken/Pork/ Turkey Stew 18 Breaded Chicken Patty/Bu White Beans /Ham 16 Pepperoni Pizza Beef-a-Roni 19 Steamed Rice Steamed Corn Steamed Rice Popeye Salad Lettuce /Tomato Cup **Seasoned Greens** Dark Green Salad w Dressing Steamed Garlic Broccoli **Seasoned Green Beans** French Fries **Creamy Coleslaw Chilled Red Grapes Sweet Potatoes** Chilled Mixed Fruit Carrot Sticks w/Dip **Fresh Oranges Sliced Peaches** Fresh Apple **Chilled Peaches** Chilled Melon Banana Fresh Fruit Choice **Graham Crackers** WG Bread Stick Fruit Choice/ Milk **Golden Cornbread** Milk Choice WG Roll / Milk Milk Choice **Graham Crackers/ Choice** Milk Choice Option: Chicken Tenders w/Roll Chicken/ Pork/ Sausage Jamba aya/ Hot Dogs w/ Chili **Beef Tacos** 25 **Baked Chicken** 26 Chicken Tenders or Chicken Nuggets **Baked Beans** White Beans Shredded Cheese Cup Seasoned Rice Macaroni & Cheese **Sweet Potatoes Soft Tortilla or Hard Tacos Seasoned Green Beans** Dark Green Salad w Tomatoes Popeye Salad w Tomatoes **Chilled Melon Cup Lettuce Tomato Carrot Sticks W Dip Steamed Vegetables** Fresh Fruit Apples **Chilled Pears** WG Roll Fresh Fruit Apples Seasoned Corn / Salsa **Chilled Mixed Fruit** WG Roll **Chilled Grapes/Strawberries Chilled Orange Chilled Fruit Choice** Choice of Baked Chips **Canned Or Dried Fruit** WG Roll Milk Choice Cookie Milk Choice Milk Choice Optional: Tortilla Chips/IW Cheese Cup Milk Choice Milk Choice Red Beans w Sausage 30 **Steamed Rice Seasoned Greens** Coleslaw **Chilled Pears** Applesauce w/Cinnamon **Golden Cornbread** Milk Choice

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